

**LEARN** how artist **MONYA NIKAH**D creates weavings in her interview at [tennesseecraft.org/2020kidstent](https://tennesseecraft.org/2020kidstent).

**GATHER** your art supplies:

- Straws (3) and yarn
- Tape and scissors



**CREATE** your own wearable weaving! Follow along with the video tutorial at [tennesseecraft.org/2020kidstent](https://tennesseecraft.org/2020kidstent).

**Step 1:** Tape your three straws together at the base. Then trim the straws to the length of the weaving you'd like to create. *Tip: Trim off the bendable elbows on the straws for ease of weaving. This also gives you the approximate length needed for a wrist cuff.*

**Step 2:** Begin weaving by pulling your yarn through a space between two of the straws, leaving a tail of about eight inches.

**Step 3:** Proceed with weaving using the *over-under* method. For example, go over the center straw, under the end straw, back over the same end straw, under the center straw, and so on.

**Step 4:** Once your weaving has reached the top end of the straws, take three strands of yarn (each measuring three times the length of the straws) and thread them through the straws.

**Step 5:** You will now have four strands at each end including the tails of yarn from the weaving itself. On the top (opposite of the taped end), carefully tie off two strands at a time so you have a total of two knots at the top end.

**Step 6:** Now remove your weaving from the straws by gently pushing it off the straws and transferring it to the yarn. To finish the weaving, repeat Step 5 and tie off two strands at a time on the bottom so that you have two knots at that end. Now you have a complete weaving! Use it as a wrist cuff or bookmark.

**SHARE** your artwork with friends and family on Facebook and Instagram using the hashtag #tncraftkids!

## FEATURED ARTIST

MONYA NIKAH



"I grew up in Iranian-American culture, which highly influenced my love for hand-crafted work. I am always reading about the women of the Bauhaus, who inspired me to think beyond using the loom in unforeseen ways. Weaving is the oldest surviving craft, and the loom is the original computer. All of my work is produced on this machine, using high thread counts, unconventional and thin materials, and complex code-like patterns. New media and technology are hardly represented in fiber art. Even though I am not even remotely tech-savvy, when I am weaving on the loom, I keep in mind the potentials of technology as I weave intuitively."

